

PEDIATRIC HEALTH HISTORY – Complete all items honestly

ALL ANSWERS ARE CONFIDENTIAL

Child's Name _____ Age _____ Birthday _____ Grade _____

PART A – HEALTH HISTORY

1. Birth History:
 - a. Birthplace/gender _____
 - b. Pregnancy complications _____
 - c. Delivery complications _____ []no
 - d. Full term baby? []yes []no
 - e. Birth weight _____
 - f. Birth length _____
 - g. Any nursery problems? _____ []no
2. Surgeries (Date, provider, procedure): _____

3. Hospitalizations (Date, reason, duration): _____

4. Trauma/Serious Injury (Date, what happened): _____

5. Social History
 - a. How long has your family lived in this area? _____
 - b. Where did you live prior to moving to the San Luis Obispo area? _____
 - c. Stressors? _____
 - d. Child lives with [] both parents [] Mother [] Father [] Other _____
6. Family History

Check and describe if any of your family members have/had any of the following diagnosis or symptoms:

[] ADHD [] Depression [] Anxiety Disorder [] Autism
 [] Manic-Depressive (Bipolar) Disorder [] Alcoholism
 [] Learning Disorder [] Addictions [] Heart Murmur
 [] Obsessive-Compulsive Disorder [] Pacemaker
 [] High Blood Pressure [] Abnormal Heart Rhythm
 [] Sudden Death [] Heart attack (men before age 50, women before age 60) _____

7. Development

Ages when first sat _____ rolled _____ crawled _____
 walked _____ first words _____ full sentence _____
 rode a tricycle _____ rode a bike _____

PART B – MEDICAL

1. Has your child had any unusual problems with the following; please check and describe:
 [] Sleeping [] Nightmares [] Nail Biting [] Bedwetting
 [] Tics [] Anger/rages _____

2. Primary Medical Doctor (Current & past with dates):

 Last physical exam _____
3. Dentist _____
4. General Health Survey
 - a. Check if your child has had any unusual problem with the following; please check/circle and describe:
 [] G.I. [] Eyes [] Ears/Nose/Throat [] Allergies
 [] Heart [] Lungs [] Kidneys [] Bladder [] Skin
 [] Bones, Muscle, Joints [] Blood [] Neurologic

 - b. Check and describe if your child has ever:
 [] been dizzy or passed out during exercise
 [] been unconscious/had a concussion [] had a seizure
 [] high blood pressure [] abnormal heart rhythm
 [] had a heart murmur [] other heart problems

5. Medications and Supplements
 - a. *Current* Medications and Supplements (if for ADHA, list current and past, incl. dates and dosages, using back of this form if additional space is needed):

 Last medication written: _____
 - b. Circle, if your child has taken any of the following:
 [] greta [] azarcon [] rueda [] litargirio [] ghasard
 [] mahayogaraj gugullu
 - c. Do you purchase remedies at any “curanderas” or ethnic grocery stores? [] yes [] no
 - d. Does your child take Omega 3? [] yes [] no
 If yes, dose: _____

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PART B - MEDICAL continued:

6. Is your child up to date on immunizations? [] yes [] no

7. Testing:

a. Last **vision** testing date: _____ results: _____

b. Last **hearing** testing date: _____ results: _____

8. Allergic Reaction to Medication (state Medication):

9. Therapist, Counselor, Psychologist (current/past; dates):

10. Previous ADHD Care Providers (include dates):

11. Psychiatric History (Date, provider, diagnosis):

PART C – SCHOOL

1. Current School

a. School name _____

b. Grade average _____

c. Academic problems _____

d. Behavioral problems _____

2. Accommodations

Does your child have an IEP/504/SST? [] yes [] no

If yes, date, from where: _____

3. Educational Programs

a. Does your child attend special school/classes? [] yes [] no

If yes:

(1) Since when _____

(2) Program/Class name _____

(3) Instructor's name _____

(4) Reason for attending _____

PART C - SCHOOL; 'Educational Programs' continued:

b. Has your child been tested for a learning disability or has undergone psycho-education testing? [] yes [] no

If yes:

(1) Date of testing _____

(2) Name of provider _____

(3) Diagnosis _____

4. School Counseling

Does your child see a school counselor, special teacher, or speech therapist? [] yes [] no

If yes:

(1) Name _____

(2) Since when _____

(3) Reason for attending _____

PART D – LIFESTYLE

1. Diet [] balanced [] high in sugars/starches
 [] breakfast is the best meal _____

2. TV/Technology Time (hrs per day/week) _____

3. Activities/Exercise _____

4. Sleep

a. Time of lights out _____ Falls asleep at _____

b. Ease of initiation _____

c. Bedtime routine? [] yes [] no
 if yes, describe: _____

d. Ease of sleep (awakening, reinitiating, etc.) _____

e. Time of arousal _____ Awakens feeling (rested, sleepy, etc.): _____

5. Behavioral

a. Temperament _____

b. Agitative behaviors _____

c. Peer relationships (friends, siblings, partners) _____
